



## Thornlie Senior High School Canteen Menu 2017

Operated by Kiwi Catering – Ph: 9376 2151 Email: glenn.ching@education.wa.edu.au  
Everything is home made by us using the freshest possible seasonal ingredients and we reserve the right to replace items if ingredients are unavailable.

### Breakfast \$4.00

- BLT Muffin Split/Egg Bacon Split
- Vegetarian Option- Egg, cheese & Tomato Split
- Muesli & Yoghurt



### Drinks

- Freshly made juice from seasonal fruit & vegetables - \$2.00
- Medium Chai (Vanilla or Spice) \$4.00
- Medium Hot Chocolate \$4.00
- Teas (herbal and standard) \$2.50
- Bottles of water \$2.00
- Assorted juice boxes \$2.00
- Small flavoured milk \$2.00
- Large flavoured milk \$3.50
- Peach Lipton Iced Tea \$3.50
- Lemon Lipton Iced Tea \$3.50
- Mango & Raspberry Lipton Iced Tea \$3.50
- Waterfords Assorted flavours \$3.00

### Assorted Rolls \$5.00 & Wraps \$3.00 (Variety changes daily check canteen board)

- Roast Beef
- Corned Beef
- Salmon
- Chicken
- Ham
- Vegetarian Option with fresh salad



### Hot Food (Availability changes daily please check canteen board.)

#### Pizza \$4.00

- Cheese & Tomato
- Cheese & Pineapple
- Chicken, Cheese & Onion
- Salami, Ham & Cheese

#### Pies \$4.50 & Sausage Rolls \$4.00

- Butter Chicken
- Steak & Onion
- Steak & Cheese
- Mince & Cheese
- Bacon & egg
- Seafood
- Steak & Mushroom



### Toasted Sandwiches \$5.00 (Variety changes daily check canteen board)

- Ham & Cheese
- Cheese & Tomato
- Cheese & Onion
- Cheese & Pineapple
- Vegemite & Cheese

### Burgers \$6.00 (Availability changes daily please check canteen board)

- Hamburger made with beef mince patty, cheese, egg, onions, beetroot, tomato, lettuce aoli & BBQ sauce.
- Vegetarian Burger made with veggie patty, mushroom, egg, tomato, beetroot, lettuce, onion, aoli & BBQ

### Meals \$5.00 (Availability changes daily please check canteen board)

- Chicken Fried Rice
- Lasagne
- Spaghetti Bolognese
- Quiche
- Butter Chicken & Rice
- Mac n Cheese
- Chicken Satay & Rice
- Nachos
- American Hot Dogs



### Fresh Salads \$5.00

#### (Variety changes daily check canteen board)

- Vegetarian Salad
- Chicken Salad
- Salmon Salad
- Avocado & Bean Salad



All salad consists of lettuce, tomato, egg, beetroot, carrot, cucumber, cheese, red pepper.

### Misc Items

- Fresh Fruit Salad (seasonal) \$3.00
- Fresh Fruit (seasonal) \$1.00 each
- Sushi (6 pack) \$5.00 – Assorted
- Ice Cream Sundaes - Caramel, Chocolate, Strawberry \$4.00
- Icy Poles (various) \$2.00
- Packet Chips (various) \$2.00

### Cakes

- Assorted Cakes \$3.00
- Cupcakes \$2.00
- Biscuits \$2.00



Key - Healthy eating traffic lights

- Everyday choices
- Limited
- Occasional